



JOINT MEETING
WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD
AND
CITY OF RENO SENIOR CITIZEN ADVISORY COMMITTEE
Approved Minutes

Wednesday – January 3, 2018
3:00 P.M. - Washoe County Senior Center
1155 E. 9th Street, Reno NV 89512

1. **Call to Order/Roll Call** – Meeting called to order at 3:02 pm by Dr. Larry Weiss. City of Reno and County of Washoe met a quorum.

Present: **Washoe County Human Services Agency Senior Advisory Board (WCHSASAB):**

Dr. Larry Weiss, Stan Dowdy, Margaret Reinhardt, Wayne Alexander, Marsy Kupfersmith, Sarah Deardorff, Donna Clontz, Barbara Korosa

City of Reno Senior Citizen Advisory Committee (SCAC): Wendy Boszak, Barbara Deavers, Donna Clontz, Stanley Ann Dowdy, Vanessa Dixon (late), Robert Mulvana, Linda Musselman, Mac Rossi

Absent: **Washoe County Human Services Agency Senior Advisory Board:** None

Excused: **Washoe County Human Services Agency Senior Advisory Board:** Sandra Dexter, Garth Elliott, Rick Sorensen

City of Reno Senior Citizen Advisory Committee: None

Staff Present: **Washoe County Human Services Agency Senior Advisory Board:** Ken Retterath, Amber Howell, Len Reidenbaugh, Crissy Lessard, Leslie Admirand-Deputy District Attorney

City of Reno Senior Citizen Advisory Committee: Leslie Smith, Alan Roney, Maria I. Rios, Brenda Mahan

Guests: - None

2. **Public Comment** – No public comment.
3. **Member Announcements** – Donna Clontz stated she has Senior Connect newsletters available at the table from City of Reno.
4. **Approval of Agenda for January 3, 2018 Meeting (For Possible Action)** – Margaret Reinhardt motioned for the approval of the agenda for WCHSASAB and Wayne Alexander seconded the motion. Motion passed unanimously for the WCHSASAB. Wendy Boszak motioned for the approval of the agenda for SCAC and Mac Rossi seconded the motion. Motion passed unanimously for the SCAC.

5. **Approval of Minutes from October 4, 2017 Meeting (For Possible Action)** – Larry Weiss motioned for the approval of the minutes for WCHSASAB and Wayne Alexander seconded the motion. Motion passed unanimously for the WCHSASAB with one abstention from Margaret Reinhardt. Mac Rossi motioned for the approval of the minutes for SCAC and Barbara Deavers seconded the motion. Motion passed unanimously for the SCAC.

6. **Business (For Possible Action):**
 - a. **Discussion and possible approval of joint projects for Older American Month 2018 (For Possible Action)** – Larry Weiss and Donna Clontz
Larry stated the theme for 2018 is “Engage at Every Age” and based on the theme, they want everyone to be involved in planning for OAM (Older Americans Month). Donna asked members and the public to fill out the information sheet for ideas on events for OAM. Opening ceremony is usually done at the Washoe County Senior Center on the first day of May. Connie McMullen suggested having a day to meet council members or commissioners and having something on guardianship and supportive decision making with Susan Deboer as a speaker (from Washoe County Public Guardian). Marsy stated she will work with Washoe County Library and have George Graham speak about senior housing and also have a discussion about transportation issues at the Spanish Springs Library with a guest speaker. Marsy also stated Alzheimer’s Association may want to do two events and also have S.O.S. do a musical thing, the contact is Sina Ward. Stan Dowdy stated AARP is doing a fraud and caregiving training and they may do more than one event to reach out to many people. She is also working with Barbara Deavers with the 150th birthday of Reno in the month of May. Linda Musselman stated she is thinking about tax laws and how they are affecting seniors. Barbara Korosa stated she would like to follow up with the auto museum and other museums. RTC can also be contacted to see if they can provide transportation to the Historical Society. Margaret Reinhardt suggested having an event on prevention of elder financial abuse and budgeting on a fixed income. Wendy Boszak would like to see a town hall meeting with congressmen and engage with advocacy to local senate and congressional offices. The Planetarium and the Generator may also be a good place to explore. One of the big concerns is also affordable housing and shared housing. Larry stated he would like to pursue senior healthy walking, maybe once a week and also have Lucy Booth from senior health advocates. Sarah Deardorff suggested having a brown bag pharmacy education where seniors take their medications and have a one-on-one education with a pharmacist. Another suggestion is also inter-generational activities where young people can teach seniors how to use MP3 players or cell phones, maybe do it in Incline Village. Another idea is mobile gardens where seniors can be taken. Connie McMullen also suggested having an event where kids could wash dogs that belong to seniors and raise money. Wayne Alexander would like to see the Senior Safety Fair again and he will try to do another one. Mac Rossi stated he would like to pursue the dog washing idea and have it possibly be an Eagle Scout Project. He would also like to look into the Wilbur D. May Museum. Robert Mulvana stated the silent generation suffers from adequate training with artificial intelligence and 63% of seniors are computer illiterate. He would like to see opportunity for seniors to learn about computers. Barbara Deavers and Vanessa Dixon stated they’d like to look into entertainment. In May, they are looking into offering a trip to David Wally’s Hot Springs and the Reno Aces Baseball. Vanessa Dixon stated she would like to see a presentation about hospice and a SHIP (State Health Insurance Assistance Program) presentation for Medicare information. Marsy stated she would like to involve Sun Valley and Cold Springs senior centers for something like an ice cream social. Wendy Boszak suggested having an activity in Stead. Chris Ciarlo stated it would be good to promote pickleball courts in Hidden Valley and also promote bocce ball. Human Services Agency works closely with the University of Nevada, Reno (UNR) and he would like to work with them and look into having seniors attend UNR sports. Another idea is partnering with Glenn Duncan Elementary School to have something like seniors reading to kids. Chris also stated another idea is having the Health Department do a presentation for prevention of things like the flu.

Also, when the proclamation is made, it would be a good idea to invite seniors and connect seniors with the commissioners. Donald Abbott will look into a Sparks High School Hall of Fame Induction and a day at the Marina. Raynell Holtz stated her idea is to do chair yoga in a 15-minute demonstration. Alan Roney stated the City of Reno will be doing a mini Olympics in May. Ken Retterath stated he would like to see a couple of educational medication events. Donna stated she will look into having an open house at Senior Discovery TV Group to tour their facility. She would also like to invite seniors to both senior advisory boards. Donna stated the opening ceremony and info fair will be hosted by the County. She will send email invites to presenters and Barbara Deavers will be the RSVP contact. Donna also stated she would like to create something like a passport for seniors to use as an incentive to receive prizes and give out raffle prizes to people that attend the most events. It was also stated that the Senior Coalition will be asked about doing an educational event for primary election candidates.

b. Discussion and possible approval of joint project on Stuff-A-Bus for Seniors 2018 (For Possible Action) – Larry Weiss, Donna Clontz, Ken Retterath, and Chris Ciarlo

Stan stated she and Donna went around the county and distributed barrels for Stuff-A-Bus and when they were picked up, half the barrels did not have any items in them. What they would like to do is a one-day event where people could drive by and drop off items at a place like the Aces stadium or Catholic Charities. Ken stated that he spoke with Catholic Charities and they are willing to collaborate on the event. Chris Ciarlo stated it takes partners for such an event to be successful and he will be working on a strategy to promote a 4-hour slot where people can donate items. He will also be looking to identify a TV station that will co-sponsor the event. Another strategy he would like to work on is putting the Stuff-A-Bus event towards the beginning or the end of May and to do a story of a senior who is in need of Stuff-A-Bus items, then follow up with a senior who received items. Sarah Deardorff asked if donations are mostly items or money donations. Donna stated there was about \$6,000 donated and everything else was \$26,000 worth of items.

c. Discussion and possible action regarding legislation and advocacy for senior issues with policymakers, including identification of issues and dates for future advocacy training and workshops (For Possible Action) – Larry Weiss and Donna Clontz

Connie McMullen stated she will talk about State issues. The Task Force on Alzheimer's will meet on January 10 to talk about dementia-friendly communities. January 11th is Legislative Committee on Health Care. There is a new committee called the Nevada Task Force on Financial Security to educate those who don't plan for the final years. Study of issues regarding affordable housing and we will wait to see when the agenda is released to find out what they will be talking about. There will also be an event for managed care and opioid addiction; Connie will report back at the next meeting. There were four studies funded last session to study the needs for the behavioral and cognitive care for older persons. On January 29th Medicaid is looking at doing a workshop for adult day health. February 7th and April 11th will be the interim finance committee, in this meeting they find how much the State has pulled in from tax revenue. Legislative Committee on Senior Citizens, Veterans and Adults with Special Needs will meet on January 27th. There is also a training to get more healthcare professionals working with the aging population. Donna asked how many of the events that are going to happen are televised and Connie replied that all of them are televised.

d. Report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout Washoe County, Reno and Sparks (For Possible Action) – Larry Weiss and Donna Clontz

Donna stated that both boards are looking to their elected officials to give their approval that they want to be an age friendly community. They are currently working with Barry Gold and are waiting to do the next step in the process. During the last joint meeting, Lauren Knox and Jeremy Smith had stated they would help with getting the data retrieved from the questionnaire given out during Senior Fest. They are also trying to see if they are able to put the questionnaire online to try and retrieve more data. Larry gave a reminder that the process will take about 5 years.

e. Reports, updates and possible recommendations on advisory board and committee members' shared issues and goals worksheet for Housing, Advocacy, Communication, Data Planning, Transportation, Food, Social and Recreation, Senior Law, Volunteers, Financing and Social and Health Services

Barbara Deavers stated she met with a woman whose church wants to expand their food distributions. Margaret Reinhardt stated she attended the Sun Valley center and they have a food distribution that is going well. Connie McMullen stated they have a new director for Aging and Disability Services and they did a strategic plan update. Vanessa Dixon reported she spoke with some people that would like to talk about in-service and Medicare.

7. Washoe County Staff Report – Ken Retterath, Division Director, Washoe County Human Services Agency

Ken stated that Sun Valley has four food pantries during the month and it looks like things are going well. Incline Village construction is progressing and furniture is being set up. The goal is to get it going and work with seniors in Incline Village to get the center set up how they would like it. Amber Howell stated State funding was pulled two weeks ago from Senior Law Project. They have contacted the agency and they are waiting for a new contract from the State. There will be some delay and referring out to other organizations. Human Services Agency does not administer Senior Law Project, they only house them. Barbara Deavers asked if Senior Law Project will still be in the Senior Center, Amber answered yes. Amber also stated the budget is just around the corner and they don't have revenues yet and they spent a significant amount of money for in-home services and caregiver support. Housing and meals have taken priority, in the previous year, there were about 400,000 meals served - only feeding 11% of the need. Budget will be completed by February and final budget decisions are done by April.

8. City of Reno Staff Report – Alan Roney, Interim Manager of Youth and Senior Services for City of Reno Parks, Recreation and Community Services

Alan handed out a report (see attachment) of email stats for the Senior Connect. Email notifications are high and people are using desktops and cell phones to look at Senior Connect newsletters. Alan also stated Senior Games start January 30th and the opening ceremony will be at Baldini's Casino. At the Senior Games, they will be giving a Darryl Feemster Legacy Award to the person(s) that exhibit the qualities that Darryl had in the games. The Recreation Manager position with the City of Reno Youth and Senior Division is open and someone who is interested is welcome to apply. Barbara Deavers asked why the opening ceremony is in the evening and not in the morning. Alan replied that they received feedback that many participants are still working during the day and are not able to attend the opening ceremonies.

9. Agenda items for the next Joint Board meeting in April 2018 – Same standing items and potentially a speaker.

10. Public Comment – No public comment.

11. Adjournment (For Possible Action) – Marsy Kupfersmith motioned for adjournment for the WCHSASAB and Margaret Reinhardt seconded the motion. Motion passed unanimously for the WCHSASAB. Mac Rossi motioned for adjournment for the SCAC and Barbara Deavers seconded the motion. Motion passed unanimously for the SCAC. The meeting was adjourned at 4:59 pm.